

■ LINNA CAI SPEAKS AT LAWTON CHILES MIDDLE ACADEMY



Students in two sixth grade social studies classes at Lawton Chiles Middle Academy enjoyed learning about life in China last month from our very own Linna Cai. Linna presented photos and information about education, family, transportation, food and festivals in China. She then shared art and items from her home country and answered students' questions.

Linna provides accounting and small business services to Baylis & Company clients. She holds a Bachelor of Science in Accounting from Anshan University of Science and Technology and a Master of

Science in Accounting from the University of Kentucky. To learn more about Linna visit www.bayliscpas.com/professionals/lcc.php.

■ THE IRS IS GOING GREEN!

For the first time ever, the IRS will not mail 2010 paper income tax packages to individuals and businesses. The continued growth in electronic filing and the availability of free options to taxpayers has made it possible for the IRS to reduce expenses and cease this mailing. Individuals who filed paper returns last year without the assistance of a tax preparer or tax software will receive a postcard with information about how to obtain forms and instructions.

■ WANT TO RETIRE FROM YOUR BILLS?

Sadly, we don't have a magic way to make your bills disappear. We do, however, have a way to make the drudgery of managing your household finances disappear. The Baylis & Company small business services department is not just for businesses. Our experts also provide accounting services for individuals including receipt and payment of bills; verification, receipt and/or deposit of money; maintenance of personal checking accounts and financial records; and other consulting services as needed. These services are surprisingly affordable and often help reduce the time required for us to prepare annual tax returns.

Our small business services department serves clients who have busy schedules and want to regain free personal time, clients who have retired and want a break from the management of their day to day recordkeeping and clients who travel extensively and prefer to have us make sure things are running smoothly in their absence. We also provide assistance to families whose elderly loved ones are geographically distant to help to ensure that expenses are efficiently managed and that financial matters are stable.

Please contact us or visit <http://bayliscpas.com/services/smallbusiness.php> to learn more.

■ ELDERCARE SERVICES

We are proud to serve as trusted advisors to our clients; many times we provide services to multiple generations of a family during all stages of life. We frequently work both with parents who need assistance with estate, gift and tax planning and children who want to provide their aging parents with assistance paying bills and keeping records when either geographic, time or situational circumstances make our assistance necessary.

Our team of professionals knows what is needed to provide caring and respectful assistance with personal matters and can help insure that elderly clients are safeguarded from financial perils.

Call or contact us to learn more about how we can assist you or your family with eldercare services.

■ FALL INTO FITNESS AND BOOST YOUR ENERGY

The Baylis & Company team has undertaken the challenge to “Fall Into Fitness” with an incentive campaign designed to motivate ourselves and encourage our co-workers to exercise more and make healthy choices. We’re even holding a monthly fitness event to exercise together.

All this healthy living inspired us to look into ways to increase our energy and better enjoy the long holiday season which is just around the corner. We **FIGURED** that since we’re accountants, a catchy, math related anagram might help us remember these tips:

FIND A HOBBY - Outside interests reduce stress, redirect your mind and are just plain fun.

INCREASE SLEEP - Maintain a consistent sleep schedule of at least seven hours per day.

GET OPTIMISTIC - Negativity is emotionally (and physically) draining. Look for the positive in life.

UNPLUG - Lay off email at least one hour per day; don’t take work to your room at bedtime.

REDUCE STRESS - Set priorities and manage your time wisely; laugh whenever you are able.

EXERCISE - Every bit of exercise you undertake helps; start slowly and enjoy the benefits.

DRINK PLENTY OF WATER - Dehydration causes fatigue and masquerades as hunger.

■ CLOSING THOUGHTS

Since our team has started a program to focus on getting and staying healthy we thought that the following quote from Mark Twain cleverly summed things up for us this month:

“The only way to keep your health is to eat what you don’t want,
drink what you don’t like, and do what you’d druther not.”



Please visit our website at www.bayliscpas.com

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